



Republic of the Philippines
Department of Education
Region V
SCHOOLS DIVISION OF SORSOGON

DIVISION MEMORANDUM

No. 225, s. 2022

TO : Assistant Schools Division Superintendent
Chiefs, CID and SGOD
Public Schools District Supervisors / OIC - PSDSs
Secondary School Heads
Division School Nurses
Guidance Counselor or Designate Guidance Counselors
All Others Concerned

FROM : **JOSE L. DONCILLO, CESO V**
Schools Division Superintendent

DATE: : November 18, 2022

SUBJECT : **Division Cascading of Foundational Course on Adolescent Health, Universal Prevention Curricula Module II and Mental Health for School Nurses and Guidance Counselor.**

1. In celebration of the One Health Week, the School Health and Nutrition Section will be conducting a 2-Day Division Cascading on Adolescent Health, Universal Prevention Curricula, and Mental Health for School Nurses and Guidance Counselor or Designate Guidance Counselor, on December 5-6, 2022 at Bulwagan ng Karunungan, Deped Building, Sorsogon Sports complex, Barangay Balogo, Sorsogon city.
2. The objectives of this activity aims to capacitate the Nurses and Guidance Counselor to manage and mitigate foreboding adolescent health issues and promote resilience and coping skills among adolescent learners.
3. The list of the participants from the identified schools is attached.



Balogo Sports Complex, Balogo, Sorsogon City, Sorsogon 4700 .
Landline: (056) 421-5415
Email: sorsogon@deped.gov.ph
Website: depedsorsogon.com.ph



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4. The participants who attended this activity are expected to cascade the activity to their respective district and cluster not later than January 31,2023.
5. Meals and training materials during the conduct of this activity shall be charged to ARH fund/Mental Health and Tobacco prevention fund. Travel and other incidental expenses incurred in this activity is chargeable school local MOOE subject to usual accounting and auditing rules and regulations.
6. For information, guidance, and strict compliance of all concerned.



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List of Participants

School Nurse	Guidance Counselor
1. Eleanor G. Franche	1. Rosario Bagares
2. Glenn L. Ravanilla	2. Gemes Ryan Co
3. Marie Karla Despabiladeras	3. Mary Jane Funa
4. Miguel Angelo H. Naños	4. Meilen D. Labalan
5. Vic Catherine G. Nebria	5. Socorro F. Flor
6. Pauline Y. Cahilig	6. Sharon A. Bandola
7. Monica N. Zacarias	7. Mary Rose Fabrigar
8. Rhea M. Baula	8. Abegail Almin
9. Vanessa D. Escobedo	9. Nimfa B. Peralta
	10. Elvera Lachica
	11. Divina Grace Torna
	12. Catherine Ativo
	13. Gemma L. Sino-Ag
	14. Cherry Briones
	15. Luisa D. Ombao
	16. Angelo Bongon
	17. Jovencio F. Gatton Jr.
	18. Emily F. Estadola
	19. Marissa Galvan
	20. Karen Naños
	21. Marlon Mañago
	22. Rowena V. Golpo
	23. Jose B. Hinto
	24. Ma. Luisa E. Ferrer
	25. Salve D. Alcantara
	26. Joseph L. Magalona
	27. Rozel T. Lamac
	28. Irish M. Barasi
	29. Gerry Elegado
	30. Ceres F. Furio
	31. Julie Ann S. Legaspi
	32. Nida Fuaso
	33. Leny Mirabuena
	34. Maria Irene Pura
	35. Ernest Renan Sarmiento



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