



Republic of the Philippines  
**Department of Education**  
Region V  
**SCHOOLS DIVISION OF SORSOGON**

**DIVISION MEMORANDUM**

No. 214, s. 2021

To: Assistant Schools Division Superintendent  
CID and SGOD Chiefs  
Public Schools District Supervisors/ OIC-PSDSs  
Secondary School Heads  
School Guidance Counselor & Counselor-Designate  
School Health Section Personnel  
Nurses from IU's  
All Others Concerned

From: **JOSE L. DONCILLO, CESO V**  
Schools Division Superintendent

Date: October 11, 2021

SUBJECT: **WEBINAR ON THE PROMOTION OF MENTAL HEALTH AND  
SUICIDE PREVENTION in SCHOOLS**

1. This Office, through the School Health Section, will spearhead webinar on The Promotion of Mental Health and Suicide Prevention in Schools on October 14, 2021 at 8:00 A.M. to 3:00 P.M.
2. This activity aims to orient educators on:
  - a. Suicide and suicide prevention
  - b. Mental Health among educators, and
  - c. Strategies on suicide prevention
3. Participants to the said webinar are school guidance counselors and guidance-counselors designate and all health personnel including nurses from Implementing Units (IUs)
4. The webinar will be hosted by Sorsogon Integrated Health Services Foundation (SISHFI). Participants will be provided with load allowance.
5. Attached is the copy of the one-day program flow for your reference. Zoom link will be sent thru email.
6. For information, guidance and compliance.



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CIP 5461/21/05/1163



# SORSOGON INTEGRATED HEALTH SERVICES FOUNDATION, INC.

## SIHSFI

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*"Touch a life...  
Make a difference..."*

*Support the cause of  
persons with  
disabilities...*

October 4, 2021

Jose L. Doncillio, CESO V  
Schools Division Superintendent  
Department of Education  
Balogo Sports Complex, Balogo, Sorsogon City

Attn: Ms. Sheila Maria G. Morada  
Nurse II, MH Focal Person

Dear Sir:

Greetings!

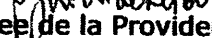
The Sorsogon Integrated Health Services Foundation, Inc. (SIHSFI) will be conducting a **Webinar on Promotion of Mental Health and Suicide Prevention in Schools on October 14, 2021, 8:00 a.m. to 3:30 p.m.** The activity aims to orient educators on suicide and suicide prevention, promote mental health care among educators and know strategies on suicide prevention.

In relation to this, may we ask permission from your good office to mobilize the school nurses, school guidance counselors and head teachers/representatives as participants in the said activity. SIHSFI will serve as host/facilitator of the activity and will provide load allowance for the said webinar. Attached herewith is the one-day activity program flow and zoom link to follow.

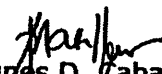
Looking forward for your approval to this humble request.

Thank you.

Respectfully yours,

  
Sahlee de la Providencia  
Mental Health Coordinator

Noted by:

  
Agnes D. Caballero  
Project Director

cc: file

**SIHSFI – CMHP**  
**Webinar on Promotion of Mental Health and Suicide Prevention in Schools**  
**October 14, 2020**  
**Sorsogon City**

**Programme Flow**

**Objectives:**

- To orient educators on suicide and suicide prevention;
- To promote Mental Health care among educators; and
- To know strategies on suicide prevention.

	<b>Activity</b>	<b>Responsible person/s</b>
8:00 a.m.- 8:30 a.m.	<b>Preliminaries:</b> <ul style="list-style-type: none"> <li>• Morning Prayer</li> <li>• National anthem</li>   <li>• Opening Remarks</li>   <li>• Message</li> </ul>	Audio-Visual Presentation Audio-Visual Presentation  <b>Ms. Mary Ellen D. Jamisola</b> B.O.T Treasurer  <b>Mr. Jose L. Doncillio</b> Schools Division Superintendent
8:30 a.m.- 9:30 a.m.	<b>National Mental Health Programme</b> <b>MH Law (RA 11036) and its current situation</b>	<b>Ms. Cherrie Oringo</b> Field Coordinator CBM
9:30 a.m.-11:00 a.m.	1. Suicide and suicide prevention 2. Risk factors and treatment <b>Strategies on integrating Suicide Prevention</b> <b>in Schools</b>	<b>(Waiting for the response)</b>
11:00 a.m. – 12:00 p.m.	<b>Self-care for Educators</b> <ul style="list-style-type: none"> <li>• Caring for the carers</li> </ul>	<b>Ms. Odette Gonzales, EdD,</b> <b>College of Nursing, BU</b>
12:00 p.m. – 1:00 p.m.	<b>Lunch Break</b>	
1:00 p.m. - 3:30 p.m.	<b>Community-Based Mental Health Program</b> <b>-Service delivery network and Referral</b> <b>System</b>	<b>Ms. Sahlee dela Providencia</b> <b>MH and DiDRRM Coordinator</b>
	<b>Workshop: Mental health services in school</b> <b>setting</b>	<b>Participants</b>
	<b>Action ointd</b>	<b>Ms. Sheila Maria Morada</b> <b>DepEd, &amp; SIHSFI staff</b>
	<b>Insights</b>	<b>Participants</b>
	<b>Closing</b>	<b>SIHSFI</b>