



Republic of the Philippines
Department of Education
Region V
SCHOOLS DIVISION OF SORSOGON

DIVISION MEMORANDUM

No. 157, s. 2024

To: Public Schools District Supervisors/OIC-PSDSs
Elementary/Secondary School Heads
All Others Concerned

From: **WILLIAM E. GANDO, CESO VI**
Schools Division Superintendent

Subject: 5K ASEAN Day Fun Run

DATE: July 31, 2024

1. In celebration of ASEAN Day, the Division of Sorsogon, in cooperation with the Local Government Unit (LGU) of Gubat, will conduct a 5K Fun Run on August 8, 2024, 5:00 AM. The starting point is Beriran Elementary School and the end point is Sta. Ana Elementary School. This event aims to promote physical fitness, camaraderie, and ASEAN awareness especially among the learners.
2. Participants to this activity are the Grade 6 pupils and Grades 10-12 students enrolled in all public schools within the Municipality of Gubat. Participants must be physically fit and are required to submit a parent's permit. Students with medical conditions will not be allowed to participate. Registration and medical check-up of the participants will be conducted at Beriran Elementary School before the start of the Fun Run to avoid any medical emergencies.



Balogo Sports Complex, Balogo, Sorsogon City, Sorsogon
4700
Landline: (056) 211-6461
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3. For every 10 pupils/students, one teacher will accompany them during the activity. There will be a medical team composed of two nurses (from SDO Sorsogon) and a Disaster Risk Reduction (DRR) team (from LGU Gubat) stationed every 1 kilometer. An ambulance will be on standby for the duration of the event.
4. Likewise, all teachers are expected to integrate ASEAN concepts and information in their lessons, wherever applicable.
5. The cooperation and active participation of everyone are highly appreciated to ensure the success of this event. Moreover, all are encouraged to work together to promote the spirit of ASEAN and foster a healthy and active lifestyle in the school/community.
6. For information and dissemination.



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