



Republic of the Philippines
Department of Education
REGION V - BICOL



To: Dep Bendiw
of appropriate
attns. 3/2/23

REGIONAL MEMORANDUM
No. 18, s. 2023

February 15, 2023

2023 MODIFIED PALARONG BICOL

**TO: Schools Division Superintendents
Regional Sports Officer (RSO)
Technical Management Committee (TMC) & Palaro Secretariat
Technical Officials
Division Sports Officers (DSOs)
Public And Private Elementary And Secondary School Heads
Coaches and Chaperons
All Others Concerned**

1. Pursuant to DepEd Memorandum No. 005, s. 2023 re: Conduct of the 2023 PALARONG PAMBANSA and the Regional Comprehensive Sports Development Program (RCSDP) for SY 2022-2023, the Department of Education, Region V thru the Bicol Regional Athletic Association (BRAA) shall conduct the 2023 Modified Palarong Bicol from April 24 to April 28, 2023 in the different identified venues.
2. The objectives of the 2023 Modified Palarong Bicol are to:
 - a. Promote physical education and school sports as an integral part of the curriculum and as an affirmation of the school's commitment to the development of the full potential of the youth to become responsible and globally competitive citizens of the society;
 - b. Instill among the pupil/student athletes the spirit of discipline, sportsmanship, teamwork, excellence, fair play, solidarity, gender sensitivity, care for the environment and other values inherent in sports; and
 - c. Develop among the participants the genuine love for sports.
3. There are some modifications in the conduct of the 2023 Modified Palarong Bicol under the new normal to reduce number of participants, duration of meet while uplifting the level of competition and minimized expenses by having an additional competition level after the Division Meet before proceeding to the 2023 Modified Palarong Bicol to be known as the Regional Invitational Clustered Qualifying Meet for Team Sports (RICQMTS) and by setting a qualifying standards for measurable sports such as Athletics, Swimming and Archery.
4. The RICQMTS is a supplementary tier of competition level before proceeding to the 2023 Modified Palarong Bicol. The conduct of this activity will be in a separate memorandum.

5. The 2023 Modified Palarong Bicol shall be hosted by the identified Local Government Units (LGUs) and the respective Host Schools Division Offices (SDOs) with their respective clustered sports events to wit:

Date	Sports Event		Venue
	Category	Sports	
April 24-25 2023	Team Sports	Baseball, Softball, Football and Futsal	Albay
		Sepak Takraw, Basketball and Volleyball	Legazpi City
April 24-28, 2023	Individual Events and Small Team Events	Billiard, Boxing, Table Tennis and Tennis	Ligao City
		Arnis, Badminton, Chess and Dancesport	Tabaco City
		Taekwondo, Wushu, Wrestling and Pencak Silat	Naga City
		Athletics, Swimming, Archery, Para Games, Gymnastics and Weightlifting	

6. The recommended General Schedule of Activities are as follows:

COMPETITION-RELATED ACTIVITIES		
Activity	Tentative Schedule	Charge In-Charge
Conduct of Lower Meets/Division Meets	February-March 2023	Schools Division Offices
Conduct of Regional Invitational Clustered Qualifying Meet for Team Sports (RICQMTS)	March 2023 (Team Sports)	Regional Offices
Conduct of Regional Meets	April 2023 and April 2023 (Measurable/ Individual Sports)	
Conduct of Pre-National Qualifying Meets	April 2023	Central Office Regional Offices
Conduct of National Palarong Pambansa	July- August 2023	Central Office

7. The SDOS may opt to deviate from the recommended dates, and conduct their respective meets on a staggered per sport/s basis on a different schedule provided that **no disruption of regular classes** of participating student-athletes is being observed. This is pursuant to DepEd Order (DO) No. 9, s. 2005 titled **Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith.**
8. The Calendar of Activities for 2023 MPB is reflected as follows:

Date/Time	Activities	Venue
March 20-24, 2023	Screening Finalization/Reconciliation of Athletes, Coaches, Asst. Coaches and Chaperons Credentials	Legazpi Sports Center, Albay CS Compound, Legazpi City

March 25, 2023	First Technical Conference of the TMC, DSOs, and TMs	-do-
March 27-31, 2023	Interview and Accreditation of Athletes, Coaches, Assistant Coaches and Chaperons	2 TEAMS OF RSAC (Division)
April 7, 2023	Submission of Authenticated Masterlist	ESSD, DepEd ROV
April 15, 2023	Second Technical Conference with LGU, TMC, DSOs, TMs and Working Committees	Legazpi Sports Center, Albay CS Compound
April 22, 2023	Drawing of Lots Solidarity Meeting	Respective Playing Venues
April 22-23, 2023	-Arrival of Delegates -Familiarization of Playing Venues	Respective Billeting Quarter and Playing Venues in Identified SDO
April 24-28, 2023	Actual Games	-do-
April 27, 2023	Pull-out of Credentials of Pre-Selected Delegates for 2022 Palarong Pambansa	-do-
	Selection of Athletes, Coaches, Assistant Coaches and Chaperons for 2023 Palarong Pambansa	-do-
	3:00 pm Awarding/ Closing Program	-do-
April 28, 2023	Home Sweet Home	

9. The DSAC and coaches shall be held responsible for any problem in the eligibility of their athletes. They are advised to be extra careful in the screening the documents. *"No NSO/PSA issued Birth Certificate, No Play."* policy will be strictly imposed. The cut-off year of birth for athletes in **Elementary** is **January 1, 2010** while for **Secondary** is **January 1, 2005** and the age specifications of the respective sports events.
10. The Technical Guidelines from the Central Office Palarong Pambansa will be observed. It is reiterated that all the requirements to ensure the safety of the athletes shall be considered before they will be allowed to play. All Meet Officials must be competent enough in officiating specially in the combative sports.
11. A designated Event Coordinator per sports event shall be coming from the Host Division. The Tournament Manager in each event shall be selected by the Technical Management Committee (TMC). The list of recommended officiating officials in each event will be selected by the TMs and TMC subject to the approval of the Schools Division Superintendents through the DSOs for them to allow officiating officials who possess good attitude, work ethics, skills, and expertise in their chosen sports event.
12. Olympic Medal System shall be applied for this year's Palarong Bicol pursuant to Palarong Pambansa Guidelines. There are three (3) Demo Sports for this year's Palaro namely: Dancesport, Pencak Silat and Weightlifting. There will be a separate medal tally for Regular Sports, Special Events and Demo Sports.

13. All Divisions are enjoined to send their delegations comprising of the best athletes, coaches and chaperons identified from their provincial / city meets and delegation officials. All delegates and officiating officials are advised to bring with them their beddings and other things for personal needs.
14. The policy on "No Alcohol, No Smoking and No Gambling" shall be strictly implemented for the duration of the 2023 Modified Palarong Bicol.
15. All Divisions must adhere to the following:
 - Department of Education. DepEd Order No. 40, c. 2012- *DepEd Child Protection Policy*. Pasig City: Department of Education, 2012
 - Department of Education. DepEd Order No. 21, s. 2019- *Policy Guidelines on the K to 12 Basic Education Program*. Pasig City: Department of Education, 2019
 - Department of Education. DepEd Order No. 34, s. 2022- *School Calendar and Activities for the School Year 2022-2023*. Pasig City: Department of Education, 2022
 - Department of Education. DepEd Order No. 39, s. 2022- *Health and Safety Protocols in Light of the COVID-19 Pandemic*. Pasig City: Department of Education, 2022
 - Department of Education. DepEd Order No. 48, s. 2022- *Implementing Executive Order No. 07, s. 2022 and Amending DepEd Order No. O39, s. 2022*. Pasig City: Department of Education, 2022.
 - Regional Memorandum No. 66, s.2011 Addendum to DepEd Memorandum No. 21 s. 2010 entitled *Guidelines for Rating Athletes/ Campus Journalist and other participants in all DepEd Palara, Cultural Academic Conference and Contests*.
16. All TMs and winning coaches are advised to submit the list of their recommended selected athletes, coaches, assistant coaches, and chaperons with their corresponding uniform / shoe sizes to the RSAC and to the TMC - Secretariat immediately after their championship games.
17. The Selection Committee with the respective Focal Person and TMs with the winning SDS, DSO and coaches shall deliberate the list of pre-selected athletes, coaches, assistant coaches and chaperons on April 28, 2023 at the Legazpi Sports Center, Albay CS Compound, Legazpi City.
18. The officiating officials will be accommodated in the designated billeting quarters. The meal allowance of the officiating officials shall be charged to the local funds/ MOOE/ SEF/ Division Sports Sports Fund and other sources of the respective Schools Division Offices while the transportation expenses and

other incidental expenses of the TMC, RSAC and officiating officials from their quarters to the playing venues during the Palaro shall be charged against their respective local funds / MOOE subject to the usual accounting and auditing rules and regulations.


19. The conduct of all competitions leading to and including the culminating "Palarong Pambansa" such as the lower meets (intramurals, division, regional, and pre-national qualifying shall be guided by the enclosed guidelines on the following:
 - a. Enclosure No. 1 : Guidelines on the Eligibility of Athletes; and
 - b. Enclosure No. 2 : Guidelines on the Health and Safety Protocols, Learner Rights and Protection, and Disaster Risk Reduction Management Relative to the Conduct of the 2023 Palarong Pambansa
20. The technical guidelines of all sports to be played in the Palarong Pambansa as provided in Section 27, Rule VI of the IRR of RA 10588, shall be issued in a separate memorandum.
21. Consistent with the existing Policies and Guidelines in resolving protest on game technicalities of any sports events and protest on eligibility complaints should be in written form, duly signed by the coach and noted by the Head of the Delegation. A complaint shall be accompanied by an affidavit of witnesses and / or evidence to support the same and shall be filed before the start of the second game of the concerned team.
22. Immediate and widest dissemination of this memorandum is desired.


GILBERT A. SADSAD
Regional Director

March 2, 2023

TO: Assistant Schools Division Superintendent
SGOD & CID Chief Education Supervisors
Concerned Education Program Specialists/Div. Coordinators
Technical Officials
Division Sports Officers
PSDSs and Public and Private Elementary and Secondary School Heads
Coaches & Chaperons
All Others Concerned

For information and guidance.


JOSE L. DONCILLO, CESO V
Schools Division Superintendent