



Republic of the Philippines
Department of Education
Region V
SCHOOLS DIVISION OF SORSOGON

November 26, 2021

DIVISION MEMORANDUM

No. 265 s, 2021

**DIVISION ORIENTATION ON WELFARE, HEALTHY LIFESTYLE AND
RETIREMENT OPTIONS FOR DEPED SORSOGON EMPLOYEES AND
PERSONNEL**

To: Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Public Schools District Supervisors/ OIC-PSDSs
School Heads, Elementary and Secondary Schools
All Other Concerned

1. This Office shall spearhead the conduct of the Division Orientation on Welfare, Healthy Lifestyle and Retirement Options for DepEd Sorsogon Employees and Personnel on December 13-15, 2021 at the Bulwagan ng Karunungan, SDO, Balogo, Sorsogon City.
2. Participants to the activity are the teachers and employees of DepEd Sorsogon Province ages 62-64.
3. The objectives of the activity are the following:
 - a. provide orientation on Senior Citizens' welfare and application for retirement processes,
 - b. provide orientation on health services, healthy lifestyle practices and health measures to take during the Covid pandemic, and
 - c. conduct monitoring, evaluation, and adjustments of PPAs implemented for the Senior Citizens.





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CIP 5461/21/05/1163

4. Everybody involved in the activity is reminded to strictly observe the required health protocols such as wearing of face masks, physical distancing, hand sanitation and other precautionary measures. The Health and Nutrition Unit shall ensure that this will be strictly followed in the venue.
5. Training expenses and meals of the participants shall be charged against Senior Citizens/GAD Fund while transportation and other incidental expenses shall be charged against local/MOOE funds subject to the usual accounting and auditing rules and regulation.
6. Dissemination of this memorandum to all concerned is desired.


JOSE L. DONCILLO, CESO V
Schools Division Superintendent 



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LIST OF PARTICIPANTS

EMPNAME	DISTRICT/SCHOOL
MONCADA, MILAGROS S	School Head
CASIA, DAISY A	Matnog District
BOBIS, SUSANA E	Gubat South District
MESTIOLA, GRACE B	Pilar II District
MILLANO, ANECIA L	Pilar II District
FOSTER, EVA B	Matnog District
NAVARRO, JOY A	Donsol West District
QUINTANA, ROWENA G	Bulan North District
VALINO, AIDA D	Castilla East District
MONTEGRANDE, PERPETUA M	Pilar I District
BENAVIDES, MA CRISTINA V	Bulan South District
ORTIZ, LUNINGNING E	Barcelona District
PURA, NILDA E	Gubat North District
HAPA, ZENAIDA A	Barcelona District
QUINONES, NORMA G	School Head
HADAP, MELINDA J	Casiguran District
DELADIA, LOIDA E	DO Personnel
FUNGO, NENA F	Sta. Magdalena District
GEROLAO, ALMA G	Bulan North District
GOLPEO, RAMON D	School Head
GAJO, MARIAN G	Sta. Magdalena District
LOPINA, ELLA C	Irosin District
GARCERA, LORENZO G	Matnog District
HALLIG, EMILIANA M	Pilar II District
DUKA, GIÑA A	DO Personnel (Nurse)
BULAN, LILIA R	Matnog District
TAMBOONG, JULIET B	PSDS-Bulan
MALEJANA, FE L	Pilar II District
ROLL, LEVENIA M	Pilar I District
ESCANILLA, VILMA E	Gubat South District
EMBILE, ROLANDO F	DO Personnel (CID Chief)
FRIVALDO, DANILO P	DO Personnel
GEALONE, REALINA G	Irosin District
GAZO, BETTY G	Matnog District
ANONUEVO, EMMA F	Pilar II District
FORTIN, VICENTE F	DO Personnel
VARGAS, AMELITA G	Bulan South District
ATIZADO, HAYNE A	Donsol West District
FLORIDA, ELISA F	Juban District
ANONUEVO, RUBY Y	Pilar II District
GALERIA, ASTERIA L	Matnog District
DE VERA, FRANCIS F	Sta. Magdalena District
ACUNA, ELISA R	Gubat South District
LABALAN, TERESA C	Magallanes North District
PLACER, HIDELISA D	School Head
NARVADEZ, JERRY H	DO Personnel

	LOVENDINO, NILDA L	Pilar II District
	ESTIPONA, MA EDNA B	Prieto Diaz District
	GANO, LORNA B	Irosin District
	NAVARRO, ELVA B	School Head
	GACIAS, TRINIDAD F	Bulusan District
	SOLANO, ZORAIDA D	Prieto Diaz District
	BURABOD, ROSALINA P	PSDS-Castilla
	OMBAO, MA GIGI O	Donsol West District
	AVISADO, SALVADOR R	Donsol West District
	OLANO, YOLANDA L	Pilar II District
	LASAY, ADELAIDA D	Casiguran District
	FORTE, RAMON G	Barcelona District
	YUSON, MARIA A	Pilar II District
	MIRANDILLA, BENY J	School Head
	DELIGERO, CLEOFE L	Magallanes North District
	BALUBAR, MERLITA G	Bulan North District
	CALAYO, AMELIA F	Castilla East District
	ROSARIA, MARIBETH O	Irosin District
	REYES, CARMELA F	Gubat North District
	LLARENA, GAUDENCIA M	Pilar I District
	JARABEJO, LEBITA J	Castilla East District
	GLIPONEO, OLIVA S	Bulan South District
	HAJAS, MARILYN G	Juban District
	GAYTA, CESAR O	Barcelona District
	GOTIS, RONALD G	Matnog District
	LANUZA, EMILIE E	Bulan South District
	DOMINO, REYNALDO B	School Head
	VISTA, CORAZON H	Donsol West District
	FUNTANARES, EVELYN E	Gubat South District
	GIME, EMMA J	Bulan North District
	FUGEN, ELSA F	Bulusan District
	DEUNA, DANILO E	School Head
	MACABUHAY, ANICIA L	Pilar II District
	VILLANUEVA, MERCEDES S	Pilar II District
	JANER, MANSUETA U	Casiguran District
	TAYAM, JULIETA D	Casiguran District
	DAYAHAN, TERESA P	Donsol West District
	HIZARSA, NILDA F	Barcelona District
	EMATA, RICO D	Prieto Diaz District
	JARDIN, ESTELITA G	Castilla West District
	ESPELA, DIONISIA T	Magallanes North District
	HERMIDA, ELY B	Magallanes North District
	MIJORADA, LILIA L	Castilla East District
	JESALVA, MARLYN G	Castilla East District
	BUBAN, ARMANDO H	School Head
	YU, CYNTHIA L	Bulan South District
	NICOLAS, JULIANA R	Bulan South District
	DEJUCOS, CECILIA G	Bulan South District
	BALDILLO, RAQUEL A	Bulan South District
	ESTROPIGAN, AIDA L	Gubat North District

MARAVILLA, OFELIA L	Castilla West District
HAMOR, LARENA L	Juban District
GAJO, JAIME E	Matnog District
LEOSALA, MARICHU B	Pilar II District
DITAN, ROLANDO D	Prieto Diaz District
NUNEZ, ROMERICO N	Pilar II District
LETADA, NENITA C	Casiguran District
DE CASTRO, LIZBETH G	Bulan North District
LACSA, ANA V	Bulan North District
HICARTE, HELEN H	Casiguran District
MADRID, BELINDA G	Bulan South District
ENCELA, BEATRIZ F	Gubat South District
MARTIN, MA HERMELINDA A	Pilar II District
DAYMON, MILAGROS G	DO Personnel
ESBER, MARILYN G	Juban District
ARELLANO, AURORA D	Donsol West District
HERNANDEZ, LOLITA G	Bulan South District
NOLASCO, EDITHA S	Donsol West District
ESCOTO, THELMA G	Irosin District
BELMES, CONCEPCION M	Casiguran District
GALLANO, AMY G	Matnog District
GEALONE, LUMINDA G	Matnog District
MEDIANA, ARMINDA C	Castilla West District
HASPELA, NYMPHA H	Juban District
SOMALINOG, SHIRLEY H	Bulan South District
FURAQUE, WAYNE B	Bulan South District
LATAG, VERONICA G	Sta. Magdalena District
BERMUNDO, FLORENCIO P	DO Personnel
LEE, AGNES J	Juban District
ESCARCHA, DELIA E	Bagacay NHS
MACASINAG, ELIZABETH L	Milagrosa NHS
RAMOS, FERNANDO E	Calao NHS
RAMIREZ, CYNTHIA H	Pili NHS
DETERA, NIDA R	Del Carmen NHS
GARLAN, EMMANUEL G	Rizal NHS (Gubat)
LOZADA, DOMINGO G	Siuton NHS
LOTINO, HAYNE L	Oras NHS
GREDOÑA, MARIA A	Juban NHS
GACOSTA, LENA G	Celso F. Falcotelo NHS(Macabari)
DIESTA, LUCIA S	Oras NHS
PAJE, CHITA N	Buenavista NHS
ERESMAS, EMMANUEL F	Jupi NHS
SAGION, BENJAMIN B	Senior High School
GARGALLO, LETICIA G	Matnog NHS
GAYTA, JOSIE G	Barcelona NCHS
BRADECINA, VIOLETA H	Cumadcad NHS
DUKA, JERRY E	Gubat NHS
BALDORADO, ESTRELLA E	San Roque NHS